



EAT · DRINK · REFRESH

BREAKFAST MENU





MEET FENNY & FALGUNI

Meet Fenny aka lovable lallu. He's a happy-go-lucky dude who is oblivious to most things. A big-time foodie; the only thing he loves more are his Elvis Presley side-burns.

Meet Falguni, a sassy Bengaluru hudugi. Fluent in sarcasm and a vocabulary big enough to give Shakespeare a complex.

There's a bit of both in all of us and at F5. We welcome all the light-hearted punsters, the food non-sharers, the happy drunks, and the contented loners.

Let's hit F5 & refresh.



FAR WEST

👍 **High On Ming • ₹650**

Softly scrambled tofu, bell peppers, spring onion, forest mushroom, pan fried dumplings, sriracha, sourdough bread

👍 59 CAL

🔺 **Get-Gaelic • ₹650**

Fried egg, bacon, chicken sausage, mushroom, grilled vegetables, tomato confit, toasted bread

👍 993 CAL

🔺 **Go Polish • ₹650**

Sesame bagels, smoked salmon, poached eggs, tomato fondue, grain mustard hollandaise, mesculin mix, cream cheese

👍 306 CAL

🔺 **Tur-Kick • ₹650**

Shakshuka, pita bread, parsley tabbouleh

👍 260 CAL

🔺 **Grandma Bake • ₹500**

Stack of pancakes, pork bacon, berry compote, sunny side up, whipped cream, warm maple

👍 751 CAL

🔺 **Happy Morning • ₹500**

Twice cooked French toast, berry stuffed, vanilla bean mascarpone, apple compote, warm maple, fresh fruit

👍 183 CAL

🔺 **Brussels • ₹500**

Shakshuka, pita bread, parsley tabbouleh

👍 260 CAL

All prices mentioned are in Indian Rupees and subject to government taxes.
Kindly inform our associates of any potential allergies or intolerance you are borne to.

🔺 Non-vegetarian 👍 Signature 🥛 Contains dairy 🍷 Contains gluten 🌰 Contains nuts 🐠 Contains seafood





👍 🍴 **Parsi Baba • ₹400**

Akuri, bun maska, aloo cutlet,
masala mushroom, nan khatai

🥛 🌿 592 CAL

Delhi 6 • ₹400

Aloo parantha, dahi, gulab jamun,
aam ka achar

🥛 🌿 707 CAL

Madhubani • ₹400

Sattu parantha, aloo chokha,
mirchi raita, halwa

🥛 🌿 797 CAL

👍 **Bengaluru Oota • ₹400**

Masala dosa, medu vada or
idli, sambhar, coconut chutney,
tomato chutney, Mysore pak

🥛 658 CAL

Anna Tiffin • ₹400

Idli or vada, upma, sambhar,
coconut chutney, kesari bhath

🥛 457 CAL



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Cereals • ₹400

Choice of –



Corn flakes / chocos / muesli /
453 CAL 458 CAL 274 CAL

wheat flakes / all bran /
414 CAL 157 CAL

home-made granola
471 CAL

Served with –

Hot / cold milk / soya milk



Bircher Muesli • ₹350

Oats, carrot, apple,
yoghurt, cream, honey

274 CAL

Oatmeal Porridge • ₹350

Quaker oats, low fat milk,
cinnamon, raisin, honey

480 CAL

Fresh Fruits • ₹350

Seasonal fresh cut fruits
105 CAL

Yoghurt • ₹275

Fruit yoghurt / low fat yoghurt

164 CAL 94 CAL

ADD-ONS

Morning Bakery • ₹400



Butter croissant, fruit danish,
333 CAL 356 CAL

muffins, doughnut
562 CAL 434 CAL

Choose a breakfast side • ₹200

Bacon
325 CAL

Chicken sausage
137 CAL

Pork sausage
343 CAL

Baked beans
124 CAL

Hash brown
261 CAL

Grilled vegetables
51 CAL

Sautéed mushrooms
18 CAL

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BEVERAGES

Iron Woman • ₹225

Apple, spinach, banana, avocado,
chia seeds, honey, lemon
239 CAL

Vegaapple Juice • ₹225

Beetroot, carrot, green apple
254 CAL

Mighty Green • ₹225

Spinach, cucumber, celery, mint,
ginger, green apple, lemon
113 CAL

Fresh Juices • ₹225

Orange / Watermelon / Pineapple
148 CAL 93 CAL 178 CAL
Tender coconut water
60 CAL

Vegetable Juice • ₹225

Cucumber / beetroot / bitter gourd
43 CAL 29 CAL 15 CAL

Yoghurt Drink • ₹200

Lassi - yoghurt, sugar,
kewra water, mix nuts
☞ 286 CAL

Chaas - yoghurt, coriander, ginger,
salt, cumin, mustard seeds

☞ 194 CAL

Cappuccino • ₹175

62 CAL

Espresso • ₹175

0.6 CAL

Americano • ₹175

0.52 CAL

Café Mocha • ₹175

0.62 CAL

Café Latte • ₹175

56 CAL

English Breakfast Tea • ₹150

0.1 CAL

Assam Tea • ₹150

0.1 CAL

Darjeeling Tea • ₹150

0.1 CAL

Green Tea • ₹150

0.1 CAL

Jasmine Tea • ₹150

0.1 CAL

Chamomile Tea • ₹150

0.1 CAL

Earl Grey Tea • ₹150

0.1 CAL

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